

# Holiday Gifts for Ruggers



## FILM SESSIONS

Coaches should be able to show their teams exactly what they are doing right and wrong on the field. To make the job easier (and perhaps less expensive), take these pocket-sized camcorders anywhere and download the video onto a laptop for immediate review. **Coby's CAM5000** (right) shoots action in HD with a 4X digital zoom and you can get the whole game on a 2-hour battery. \$99 at electronics stores and [www.Amazon.com](http://www.Amazon.com).

**Casio's High Speed Exilim EX-FS10** (above) goes one better by letting you shoot 30 HD frames a second in a high-speed burst; the video function lets you play it back in super-slow motion. \$200; see Amazon for deals.



HERE'S OUR SECOND ANNUAL ULTIMATE GUIDE HIGHLIGHTING PRODUCTS THAT WOULD MAKE IDEAL PRESENTS FOR THAT FAVORITE RUGBY PERSON IN YOUR LIFE . . . AND MIGHT EVEN KEEP THEM AWAY FROM A SCRUM IN THE RETURN LINE.

BY BUZZ McCLAIN



## SELF MASSEUSE

After you've pushed yourself to the brink at practice or a game, the lightweight **Tiger Tail Rolling Muscle Massager** rolls away tension and soreness from legs, neck, back, abs, arms, or wherever you're tight. Speed up recovery time and you'll be ready to roll. \$24.95 to \$29.95; [www.polarfusion.com](http://www.polarfusion.com).



### BODY SHAVER

Hey props, tired of hearing “Nice sweater!” every time you take off your jersey? Give that back a shave with the new **Braun bodycruzer with Gillette Fusion** shaving technology. Use the powered trimmer to mow the shoulders; use the Fusion for your usual three-day stubble. From \$69.99 to \$79.99 wherever they sell shavers or visit [www.amazon.com](http://www.amazon.com).

### ACHIEVING BALANCE

These manly, fashionable **Power Balance** bracelets are equipped with a mylar hologram disc “embedded with naturally occurring frequencies found in nature that have been known to react positively with your body’s energy field. This helps promote balance, flexibility, strength and overall wellness.” They come in neoprene, silicone or terry cloth; \$29.95 at big sports stores and surf shops.



### LAS VEGAS FASHIONISTA

Celebrate this **February’s USA 7s Tournament in Vegas**—whether you attend or not—with a 100% cotton, pre-shrunk retro t-shirt complete with the official USA 7s logo. And on those chillier days or evenings, you can add a stylish hoodo sweatshirt with retro-look logos printed on the front chest and left sleeve. This poly-cotton blend features front pockets to keep those hands warm for cheering at the game. [www.sevenshop.com](http://www.sevenshop.com).

### RETRO CRUISERS

Would a rugger really be seen riding one of these bikes modeled after 1950s car culture? “These are the Friday night out bikes,” says former San Diego Surfer Jamie Ortiz, who does public relations for **Electra Bicycles**. “Personally, I own a mountain bike, a road bike and fixed gear, but when I’m just heading to the beach, to the bar or for a ride around town with friends, I ride my Electra. Why? They have attitude.” There are more than 10 models for both men and women (Men’s “Rat Fink” in photo). Check out the gallery at [www.electrabike.com](http://www.electrabike.com); from \$400.



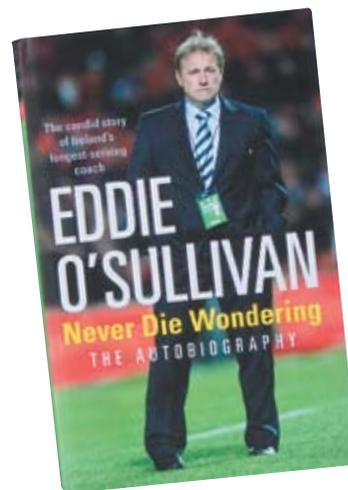
### BREAST POCKET

Show your support for her off-day rugby workout regimen by adding to her support with the **Racktrap**, an undetectable pocket that fits inside a sports bra as she exercises. It’s just big enough for an ID, credit card and a bit of cash for the post-practice pub, but not so big she’ll look like Pamela Anderson playing scrumhalf. \$7.99 or \$19.99 for a four-pack in case you want to outfit an entire women’s club. [www.theracktrap.com](http://www.theracktrap.com).



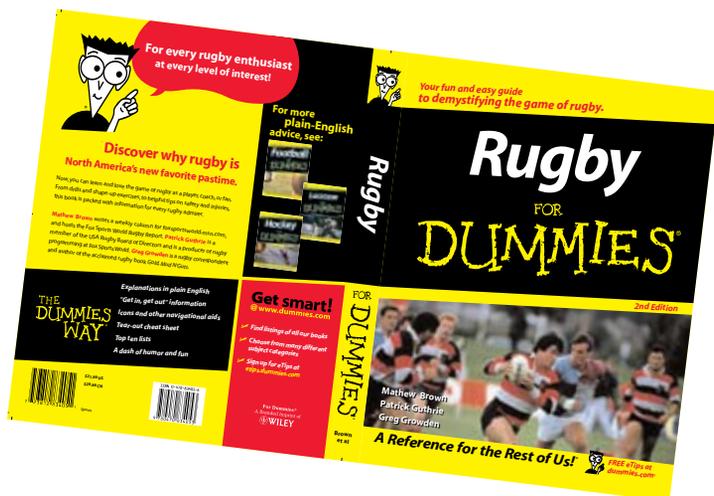
## BOOKISH COACH

In **Never Die Wondering**, the always-candid new US Eagles 15s coach **Eddie O'Sullivan** describes his rise as the coach who led the Irish National Team to three Triple Crowns in four years, only to take the fall for their 2007 World Cup performance. \$34.99. [www.worldrugbyshop.com](http://www.worldrugbyshop.com).



## PERFECT PRIMER

**Rugby for Dummies, 2nd Edition** is the essential guide for the new player, parents or coaches still learning the game. Presented in the informative yet pithy "Dummies" style, RD2 is written by three experts including our own Contributing Writer, Mathew Brown. Amazon has it for \$14.95, 30 percent off the cover price. [www.amazon.com](http://www.amazon.com).



## SEVENS ACCESSORIES

Show your support for the **USA 7s Team** and the country's biggest rugby event (February 13-14 in Las Vegas) with official logo products. The fully adjustable men's striped-brim cap offers great detail, while the ladies can show off their fan status with embroidered logos on the front and back of their fully adjustable cap. The sturdy 100% nylon drawstring bag is the perfect compliment at any event. [www.sevensshop.com](http://www.sevensshop.com).



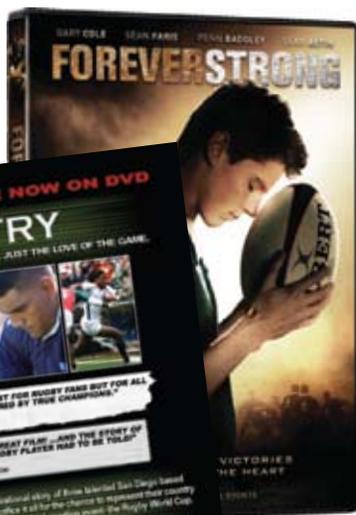
## KIWI ROBES

Our own Senior Writer Buzz McClain models a **Matt Godek Rugby exclusive**: These Adidas all-cotton **hooded boxing robes** in black and gray are emblazoned with the New Zealand All-Blacks' distinctive fern leaf. Sizes and quantities are very limited. \$65; Call 800-872-7842.



## CHECKING OUT TUNES

Former *Rugby Magazine* editor **Jim Hoehn** has quietly forged a reputation as Milwaukee's finest honky-tonk singer-songwriter with a cool Key West-meets-Austin vibe. His new CD, **Royalty Check Hotel**, produced in Texas and littered with all-star talent from the Lone Star State, is roadtrip-ready. "Life sucks when you play it safe," he sings, and we have to agree. \$14.99. [www.CDbaby.com](http://www.CDbaby.com).



### VORACIOUS VIDEO LOVER

Put together your own DVD gift pack featuring three terrific rugby-related videos: **Try**, director Grace Farah's rugby version of "Hoop Dreams," follows three would-be Eagles going for the USA Men's National Team (\$19.99, [www.trydocumentary.com](http://www.trydocumentary.com)); the 2008 movie about the Highland (UT) High School rugby club, **Forever Strong**, (from about \$10, [www.amazon.com](http://www.amazon.com)); and **Rugby World Cup Greatest Moments**, which includes highlights from all the quadrennial tournaments (\$29.95 on Amazon and [www.worldrugbyshop.com](http://www.worldrugbyshop.com)).

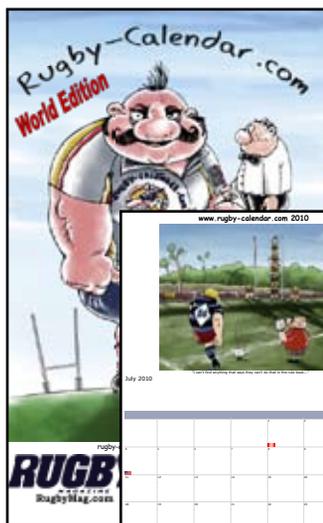
### RUGGED PHONE

AT&T couldn't have picked a better name for its most durable and indestructible cell phone. The **Samsung Rugby A837** is also impervious to extreme temperatures. Video-to-video and an optional turn-by-turn GPS app make this phone as versatile as that flanker you put in the backline. \$129.99 with contract and rebate. [www.wireless.att.com](http://www.wireless.att.com).



### TOTAL WORKOUT

The sleek **Power Plate** uses vibration technology that contracts and relaxes muscles while exercising. You still do the strength and flexibility work, but the machine keeps up to 58 percent more of your muscles involved for a total body workout in 30 minutes. So they say. \$2,499 to \$4,500. [www.us.powerplate.com/EN](http://www.us.powerplate.com/EN).



### COOL CALENDARS

Those slinky minxes of **New York's Village Lions Women's Rugby Club** (right) took their balls around the Big Apple for another year's worth of sexy but okay-for-the-office pin-ups; \$15; [www.xrl.us/lions2010](http://www.xrl.us/lions2010). On the humorous side, David Hughes offers a **2010 calendar** filled with whimsical rugby cartoons. This year's pages are larger, the paper better and the dates have holidays from around the world. \$13, plus \$3.50 for shipping (add \$7 for overseas). Four dollars from each sale will benefit the **Movember Foundation**, which supports men's health charities. [www.rugby-calendar.com](http://www.rugby-calendar.com).

